

***Harmony Pediatric Therapy is pleased to offer Fall  
School Success Individual and Group Sessions***



Academic environments pose many challenges for children. Even in the earliest school environments, the expectations children face can be overwhelming to them. School success sessions can help your child be prepared for those expectations, support them as they are developing the necessary skill sets and help to reinforce learned concepts that are the essential foundation of their upcoming school year.

***Criteria include:***

- Referral from within HPT or new clients with an OT evaluation no more than six months old is required. If you do not have a referral from within HPT and no current OT evaluation is available, a one-hour evaluation may be conducted with an HPT therapist to determine your child's needs, which includes a brief follow up consultation with parents to review findings.
- Parent and Teacher Questionnaires will be provided.
- Individual/group appropriateness and placement will be determined by an HPT therapist.

***Fees:***

- Please call to inquire about pricing for our 14 session FALL program. Discounted pricing available for groups of two or more children.

***Registration and Schedule:***

- The Fall session is 14 weeks, from 9/3/19 to 12/7/19.
- Session dates and times based on interest and will be offered on a first come, first served basis.
- Make up sessions will be offered the week of 12/09/19.

***Cancellation Policy:***

**We are located at:**

5 Roosevelt Avenue, Suite A, Chatham, NJ 07928  
P: 973-507-9730; F: 973-507-9710; Email: [info@harmonypediatrictherapy.com](mailto:info@harmonypediatrictherapy.com)  
Website: [www.harmonypediatrictherapy.com](http://www.harmonypediatrictherapy.com)

***See reverse***

- 24 hour notice is required for cancellations.
- HPT reserves the right to cancel the class due to insufficient enrollment.

## Individual and Group Sessions Focus and Age Requirements



### *Pre-K Prep (3 to 4 years old):*

- Social interaction and communication skills
- Following one step instructions
- Endurance, postural control, core tone and strength
- Crossing midline, trunk rotation and bilateral coordination
- Managing pull on clothing and basic fasteners, such as snaps
- Color and shape identification
- Pre-handwriting and fine motor skills, including development of grasp patterns and preliminary scissor skills
- Object and object use identification



### *Kindergarten Readiness (4 to 6 years old):*

- Social interaction and communication skills
- Following one to two step instructions and turn taking
- Sustaining attention
- Endurance, postural control, core tone and strength
- Managing clothing and fasteners
- Letter and number identification and formation
- Fine motor skills, including handwriting, scissor skills and use of manipulatives
- Creating and replicating patterns



### *School Skills (preparing for 1<sup>st</sup> grade and above):*

- Specific group placement is determined by age/grade level, with group content adjusted accordingly.
- Social interaction and communication skills
- Following multi-step instructions
- Sustaining attention
- Improved quality of fine motor and handwriting skills
- Building organizational and self-management skills
- Developing problem solving and critical thinking skills
- Developing motor planning skills and the ability to navigate the school environment